

CORE SKILLS in Emotionally Focused Couples Therapy

with EFT Trainer Jim Thomas, LMFT



We are thrilled to welcome back to our New England community Colorado's Jim Thomas, LMFT, ICEEFT-certified EFT Trainer, Supervisor, and Therapist. Jim is Executive Director of the Colorado Center for Emotionally Focused Therapy, and the developer of the popular EFT Master Class, "Gaining Traction, Getting to Softenings." Jim has presented about EFT and other topics across the U.S. and in Canada and Europe. More about Jim at www.coloradoeft.com.

"Jim brings energy, knowledge and emotional vulnerability to his presentations, Externships and to Core Skills trainings. He is creative and bold in his trainings and in sharing his passion for this work." ~ Dr. Sue Johnson, originator of EFT, author of Hold Me Tight®, Love Sense, and Attachment Theory in Practice.

Part 1: January 15 -17, 2020

Part 2: April 15 -17, 2020

Wellesley College Club
Wellesley MA

The four-module EFT Core Skills series is presented in two Parts. Your investment covers and commits you to Parts 1&2 of the advanced training. This Core Skills series is a pre-requisite for certification in Emotionally Focused Therapy. Completion of the EFT Externship is a pre-requisite for the series.

Overall Goals of EFT Core Skills:

- ▶ Develop the skills and habit of using EFT emotional interventions with couples and families.
- ▶ Develop and apply an attachment lens as a therapist within the EFT model.

- ▶ Access and deepen emotional experience, including our own emotional experience and presence, to foster appropriate, applicable work in EFT Stages 1 & 2.
- ▶ Experience in role-play practice, discussion, and video examples both Stage 1 work and Stage 2 intra-psychic work leading to bonding events, the key change events in EFT.

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▶ Investment \$1999 (\$1900 check or Zelle)

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▶ Early Bird Rate paid before September 15th
\$1799 (\$1700 check or Zelle)

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▶ 48 CEs for psychologists/LICSW/LMFT/LMHC
available for an additional fee

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Register: newenglandeft.com/training

**Questions and to pay by check/Zelle:
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